



Player Code of Practice and Game Conduct for Winston-Salem Lacrosse

The following code of conduct outlines a philosophy that is paramount to the game of lacrosse and must be emphasized in combination with skill development and style of play. Lacrosse is a sport that belongs to the players. It is a game that offers physical challenges, emotional satisfaction, and lifelong values and experiences for those who play. Within this context, players should dedicate themselves to upholding the highest standards of conduct and competence. Sportsmanship and ethical values highlighting respect, fairness, civility, honesty, integrity and accountability are a foundation for the sport.

Players will:

- Treat all coaches, officials, parent volunteers, teammates and opposing players in a respectful manner;
- Display good sportsmanship at all times on and off the field;
- Support and encourage the personal and skill development of all teammates;
- Attend scheduled practices and games and notify the coach when attendance is not possible;
- Participate fully in all practice and game activities unless such activity is restricted through parental consultation with the coach;
- Inform coaches of any injury sustained prior to or during practices and games;
- Wear appropriate protective equipment to all practices and games (this includes a mouth guard and protective cup)

Players will not:

- Use threatening, profane or obscene language or gestures at any time during practices or games;
- Bait, taunt, call undue attention to oneself, or commit any other act considered unsportsmanlike during practices or games;
- Enter into an argument with an official as to any decision that has been made or in any way attempt to influence the decision of an official;
- Engage in fighting during games or practices. Fighting is defined as a player deliberately striking or attempting to strike anyone in a malicious manner. A player fighting during a practice (regardless who starts the fight) shall be disqualified from playing in the next scheduled game; a player fighting during a game (regardless who starts the fight) shall be disqualified from playing in the remainder of that game and shall be disqualified from playing in the next regularly scheduled game. (WSLax Board of Directors may take additional action as set out below);
- Ignore coaching directives or verbally/behaviorally respond to coaches, parent volunteers, teammates or opposing players in a disrespectful manner; and
- Wear jewelry of any kind during practice or games

A player ejected from a game shall automatically be suspended from playing in the next regularly scheduled game (and the WSLax Board of Directors may take additional action as set out below).

Any violation of this Code of Conduct may, at the sole discretion of the Winston-Salem Lacrosse Board of Directors, result in the reprimand of the player, or the suspension or expulsion of the player from WSLax practices, games and/or events (including post-season and subsequent seasons).

I, _____, acknowledge that I understand and will abide by this player Code of Conduct for Winston-Salem Lacrosse.

Signed _____ Date _____